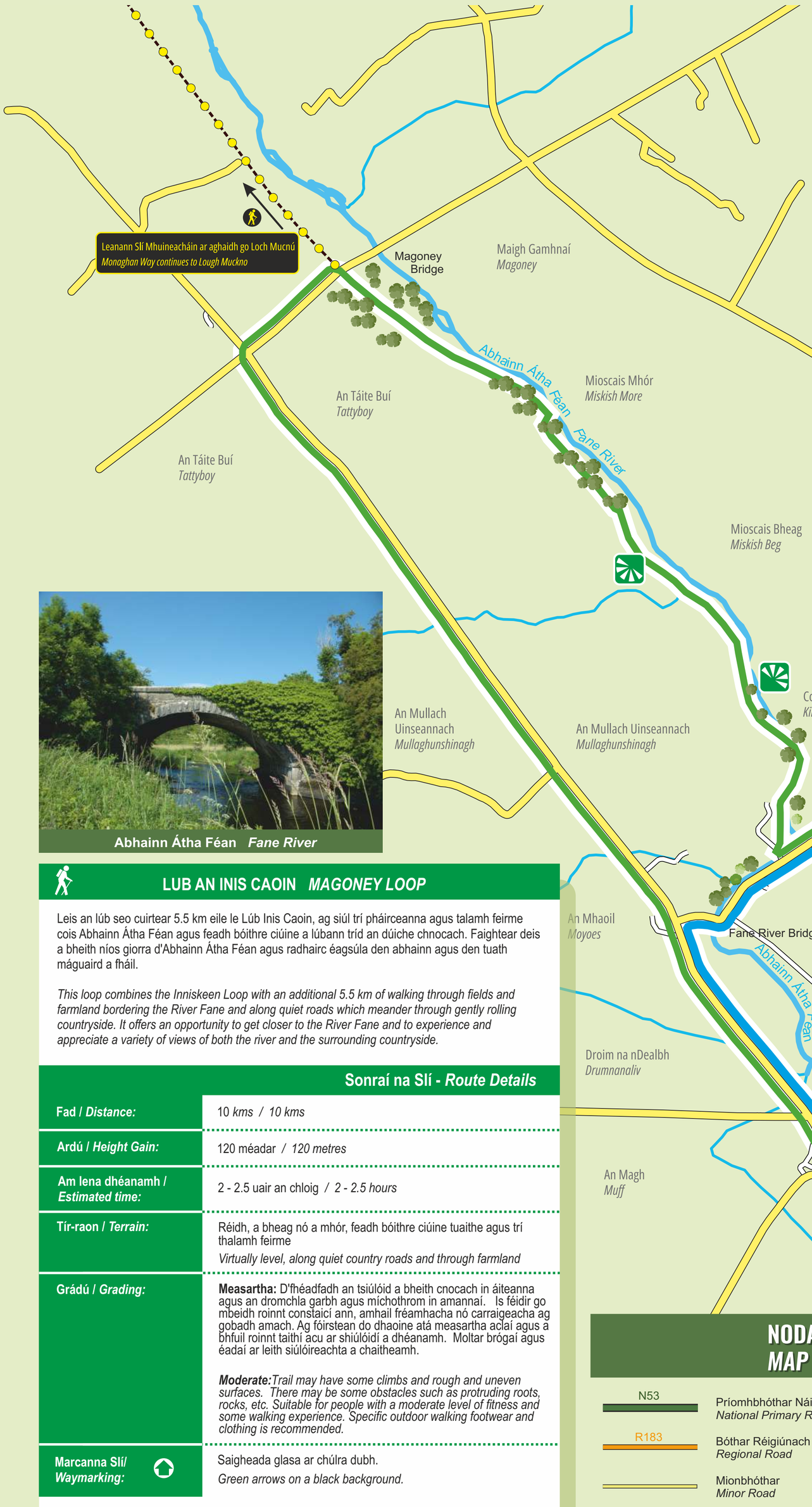
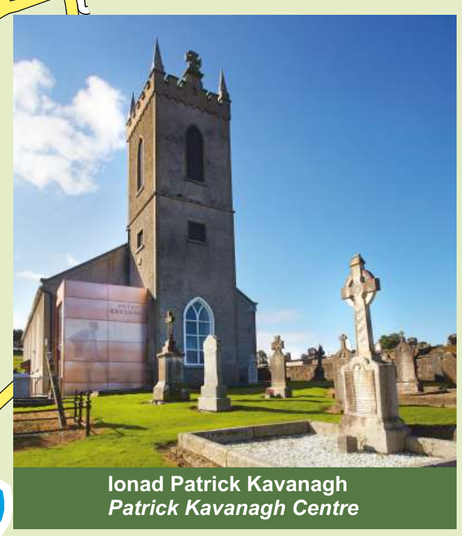
Slí Mhuineacháin - Lúb Inis Caoin & Lúb Mhaigh Gamhnaí
Monaghan Way - Inniskeen & Magoney Loops



Abhainn Átha Féan *Fane River*



Ionad Patrick Kavanagh
Patrick Kavanagh Centre

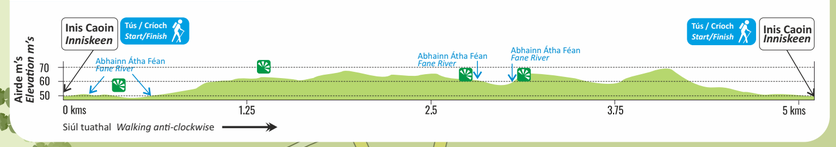
LUB AN INIS CAOIN *INNISKEEN LOOP*

Tosaíonn agus críochnaíonn an lúb seo trasna an bhóthair ó Ionad Patrick Kavanagh. Is blaiseadh iontach í an lúb seo de Shlí Mhuineacháin, atá níos faide agus níos dúshlánaí. Tá go leor éagsúlachta san achar gearr seo agus cuimsítear ann fearann páirce i sráidbhaile Inis Caoin, talamh feirme suaimhneach cois Abhainn Átha Féan agus bóithre ciúine tuaithe.

Starting and finishing across the road from the Patrick Kavanagh Centre, this loop is a wonderful introduction to the longer and more challenging Monaghan Way. A lot of variety is packed into a short distance and includes parkland in Inniskeen village, peaceful farmland above the River Fane and quiet country roads.

Sonraí na Slí - *Route Details*

Fad / *Distance:*	*5.3 kms / 5.3 kms*
Ardú / *Height Gain:*	37 méadar / *37 metres*
Am lena dhéanamh / *Estimated time:*	1 - 1.5 uair an chloig / *1 - 1.5 hours*
Tír-raon / *Terrain:*	Réidh, a bheag nó a mhór, feadh bóithre ciúine tuaithe agus trí thalamh feirme *Virtually level, along quiet country roads and through farmland*
Grádú / *Grading:*	**Measartha:** D'fhéadfadh an tsiúlóid a bheith cnocach in áiteanna agus an dromchla garbh agus míchothrom in amannaí. Is féidir go mbeidh roinnt constaicí ann, amhail fréamhacha nó carraigeacha ag gobadh amach. Ag fóirstean do dhaoine atá measartha aclaí agus a bhfuil roinnt taithí acu ar shiúlóidí a dhéanamh. Moltar brógaí agus éadaí ar leith siúlóireachta a chaitheamh. ***Moderate:** Trail may have some climbs and rough and uneven surfaces. There may be some obstacles such as protruding roots, rocks, etc. Suitable for people with a moderate level of fitness and some walking experience. Specific outdoor walking footwear and clothing is recommended.*
Marcanna Slí/ *Waymarking:*	Saigheada gorma ar chúlra dubh. *Blue arrows on a black background.*



LUB AN INIS CAOIN *MAGONEY LOOP*

Leis an lúb seo cuirtear 5.5 km eile le Lúb Inis Caoin, ag siúl trí pháirceanna agus talamh feirme cois Abhainn Átha Féan agus feadh bóithre ciúine a lúbann tríd an dúiche chnocach. Faightear deis a bheith níos giorra d'Abhainn Átha Féan agus radhairc éagsúla den abhainn agus den tuath máguaird a fháil.

This loop combines the Inniskeen Loop with an additional 5.5 km of walking through fields and farmland bordering the River Fane and along quiet roads which meander through gently rolling countryside. It offers an opportunity to get closer to the River Fane and to experience and appreciate a variety of views of both the river and the surrounding countryside.

Sonraí na Slí - *Route Details*

Fad / *Distance:*	10 *kms / 10 kms*
Ardú / *Height Gain:*	120 méadar / *120 metres*
Am lena dhéanamh / *Estimated time:*	2 - 2.5 uair an chloig / *2 - 2.5 hours*
Tír-raon / *Terrain:*	Réidh, a bheag nó a mhór, feadh bóithre ciúine tuaithe agus trí thalamh feirme *Virtually level, along quiet country roads and through farmland*
Grádú / *Grading:*	**Measartha:** D'fhéadfadh an tsiúlóid a bheith cnocach in áiteanna agus an dromchla garbh agus míchothrom in amannaí. Is féidir go mbeidh roinnt constaicí ann, amhail fréamhacha nó carraigeacha ag gobadh amach. Ag fóirstean do dhaoine atá measartha aclaí agus a bhfuil roinnt taithí acu ar shiúlóidí a dhéanamh. Moltar brógaí agus éadaí ar leith siúlóireachta a chaitheamh. ***Moderate:** Trail may have some climbs and rough and uneven surfaces. There may be some obstacles such as protruding roots, rocks, etc. Suitable for people with a moderate level of fitness and some walking experience. Specific outdoor walking footwear and clothing is recommended.*
Marcanna Slí/ *Waymarking:*	Saigheada glasa ar chúlra dubh. *Green arrows on a black background.*

NODA LÉARSCÁILE
MAP INFORMATION

- N53 — Príomhbhóthar Náisiúnta *National Primary Road*
- R183 — Bóthar Réigiúnach *Regional Road*
- Mionbhóthar *Minor Road*
- Bóthar Portaigh / Foraoise *Bog/Forest Road*
- Coillearnach *Woodland*
- Cuid Suime *Point of Interest*
- Pointe Eolais *Information Point*
- Páirceáil *Parking*
- Pointe Féachana Molta *Recommended view point*
- Láthair Phicnicí *Picnic Area*
- Slí Mhuineacháin – Lúb Inis Caoin *Monaghan Way - Inniskeen Loop*
- Slí Mhuineacháin – Lúb Mhaigh Gamhnaí *Monaghan Way - Magoney Loop*
- Slí Mhuineacháin *The Monaghan Way*

Map data derived from www.openstreetmap.org © OpenStreetMap contributors

0 metres 250 500

Tá an tsiúlóid seo á bainistiú ag Comhairle Contae Mhuineacháin – Guthán 047 30500 - eolas@monaghancoco.ie
These walks are managed by Monaghan County Council - Tel: 047 30500 - info@monaghancoco.ie

Éireann Ná Fág Lorg
www.leaveNoTraceIreland.org

7 bPrionsabal Principles

1. Déan Réamhphleanáil agus Ullmhaigh / *Plan Ahead and Prepare*
2. Smaoinigh ar Dhaoine Eile / *Be Considerate of Others*
3. Biodh Meas agat ar Ainmhithe Feirme agus ar an bhFiadhúlra / *Respect Farm Animals and Wildlife*
4. Taistil agus Campáil ar Thalamh Daingean / *Travel and Camp on Durable Ground*
5. Fág Rud ar bith a Fhaigheann Tú / *Leave What You Find*
6. Faigh Réidh le Dramhaíl mar is Ceart / *Dispose of Waste Properly*
7. Damáiste ó Thine a Laghdú / *Minimise the Effects of Fire*

COSC AR MHADAÍ
NO DOGS PERMITTED

Má théann tú i sáinn, cuir scairt ar 999 nó 112 agus cuir fios ar an tSeirbhís Tarrthála Sléibhe nó ar na Gardaí, nó i gcás dóiteáin, an tSeirbhís Dóiteáin.

If you encounter difficulties, call 999 or 112 and ask for Ambulance Service or Gardai. In the event of fire ask for the Fire Service.

Cartagrafaíocht agus Dearadh le Jeremy Smith - Mob: 086 867 8221 - smaddler62@gmail.com
Cartography & board design by Jeremy Smith - Mob: 086 867 8221 - smaddler62@gmail.com

Is í an Roinn Forbartha Tuaithe agus Pobail agus Comhairle Contae Mhuineacháin a mhaoinigh an tionscadal seo faoin Sceim Bonneagair Áineasa Allamuigh.

This project has been funded by the Department of Rural and Community Development and Monaghan County Council under the Outdoor Recreation Infrastructure Scheme.

Ár dTodhchaí Tuaithe Our Rural Future
Rialtas na hÉireann Government of Ireland
EXPLORE COUNTY MONAGHAN ROLLING DRUMLINS AND HIDDEN TREASURES